

## ANNUAL GENDER SENSITIZATION ACTION PLAN 2021-2022

7.1.1 **Gender sensitization** inculcates values of equality, diversity and inclusivity which are essential for creating a safe space for students as well as employees in a education institution, NSS volunteers are proactive in organizing seminars and gender sensitization programmes both inside and outside the college campus.

The Cell also runs students' clubs for various co and extra-curricular activities.

The college aims to make students, teachers and office staff well aware of "Gender sensitization". Utilizing the expertise of different bodies, the college prepares an annual gender sensitization action plan at the beginning of every academic session and tries to execute the plan to its level best.

### ACTION PLAN (2021-2022)

- Yoga session/ Training in practices of mindfulness/ meditation/ stress management to be conducted.
- Perform regular Campus cleaning and Statuary Cleaning.
- Mental health assessment of students and staff of the college to be scheduled to assess some of their psychological attributes like personality, anxiety, stress etc.
- NSS special camp for the session 2021-22 to be organized.

**NAZARETH COLLEGE OF ARTS AND SCIENCE**

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**Re-Accredited by NAAC with 'B' Grade**

**WOMENS NIRBHAYA CELL**

**REPORT ON NATIONAL GIRL CHILD DAY -2021**

The Womens Nirbhaya Cell in association with IQAC jointly organized an Event for the National Girl Child Day inside the Campus for the Female Children on 24.01.2022 between 12.00 – 1.30 P.M.

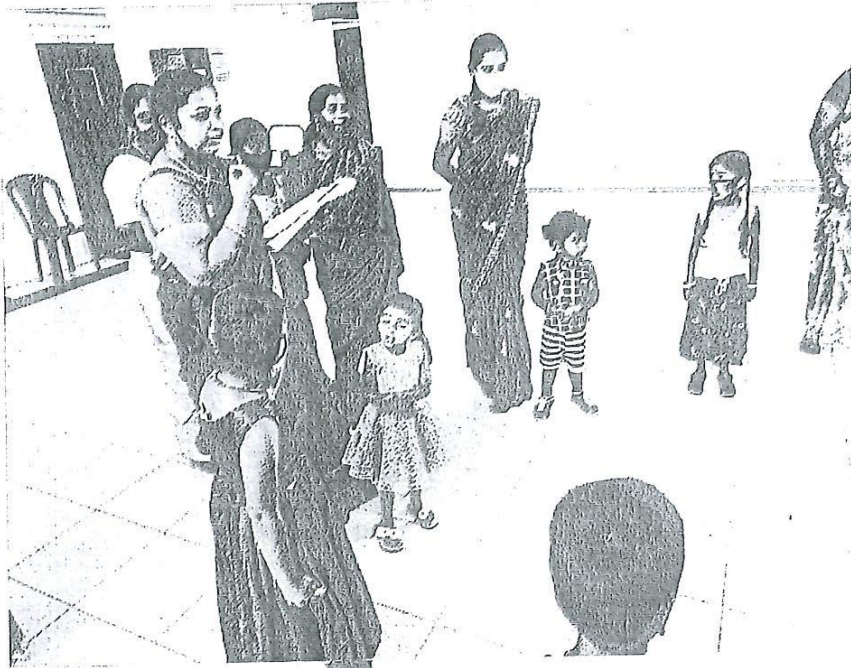
The Program was coordinated by Ms.Selvi and Dr.Sharmila with the help of Ms.Shanti. About More than 25 students from the community of Kannadapalayam female childrens are brought to the campus in order to celebrate the event. The program was conducted with the presence of Dr.E.Mary Angeline (Principal) and Mr.A.N.Henry Maris (Secretary)

Two events was conducted for the children such as Musical Round and the Fruit Game. The Musical round was conducted for the age group between 2-5 years. Around 8 Female Children Participated in the game and enjoyed the Event. The Fruit game was conducted for the female child for the age group between 6-16 years. Ms.Darshini and Ms.Rakshitha from the age group of 6-16 years was awarded with first and second Prize and followed by under the age group of 2-5 years Ms.Harini and Ms.Diya was awarded with First and second prize under the Category. Dr.E.Mary Angeline, distributed gifts for the Students.



  
Principal

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PRINCIPAL



  
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NATIONAL GIRL CHILD DAY		
LIST OF CHILDRENS ATTENDED EVENT		
S.NO	Full Name	AGE
1	Deepa	12 YEARS
2	Divya	12 YEARS
3	Rakshitha	5YEARS
5	Deepika	14YEARS
6	Kayal vizhi	12YEARS
8	Idazhika	3YEARS
9	Tenisha	16YEARS
10	Kanishka	11YEARS
11	Prithivi Rashi	8YEARS
12	Tharika	4YEARS
13	Yuvana shri	5YEARS
14	Divya Bharati	9YEARS
15	Samyuktha	3YEARS
16	Kanishka	5YEARS
17	Karthika	10YEARS
18	Darshana	5YEARS
19	Christa Andrea	13YEARS
20	Harini	13YEARS
21	Diya	13YEARS
22	Sarika	2YEARS



  
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## REPORT ON YOGA DAY

National cadet corps of Nazareth College of arts and science participated on national yoga day 21st June 2021. Our cadets and their family members performed yoga asana personally from their homes due to COVID protocols this session was useful to our cadets and they learnt more about yoga and its importance's. This event was led by myself Lt T S Prathibha



**BALASANA**



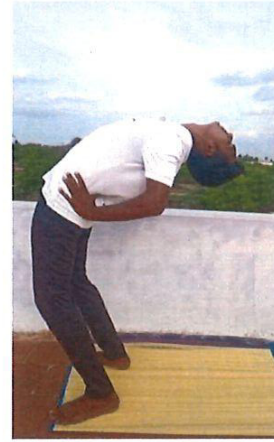
**SVASTIKASANA**



**PASCHIMA NAUASANA**



**UTTANASANA**



**USHTRASANA**



**SVASTIKASANA**



**SETTU BHANDASANA**



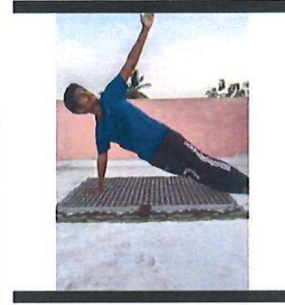
**SAVASANA**



**SVASTIKASANA**



**BHUJANGASANA**



**TRIKONASANA**



**PARVATASANA**



**SETTU BHANDASANA**



**VIPARITA KARANI**

**Family Members Participation**



**HALASANA**



**PASCHIMITTAN ASANA**



**BADDHA KONASANA**

### WORKSHOP ON VERMI-COMPOST AND TAPESTRY

The Eco Club of Nazareth College of Arts & Science organized a Workshop on Vermi-compost and Tapestry on 22<sup>nd</sup> April 2022. The workshop was held as two separate events.

Event 1, coordinated by Mr. Vadivelan and Mr. Judah, focused on the theme of Vermi-compost. The first event was exclusively for school students and was held at the Nazareth College Assembly Ground from 10:30 AM to 11:30 AM.



Event 2, coordinated by Mr. Pandiyan, Mr. Sudharsan, and Mr. Ajith, focused on the theme of Tapestry: Weave for a Cause. The second event was exclusively for the college students and was held at Nazareth College Auditorium from 11:30 AM to 12:30 AM. Through the workshop, the participants gained knowledge about the importance of an eco-friendly atmosphere.

  
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