



GENDER EQUITY ORIENTATION PROGRAMME – A REPORT 2018 -2019 (SHIFT- I)

The College Conducted the Gender Equity Programme for its student on 02.07.2018. The aim of this orientation programme was to create awareness for the fresher's about the culture of the institution and to educate the female students about their rights in the society. Ms.Archana G.M spoke on the title "Male Chauvinism and Racist Attitude." Mr.Arun Thoder Raj. V spoke on the title "Uneven access to Education." A total of 192 students attended the programme.

The Principal gave orientation about Gender equity which is the quality between male and female. It is fairness of treatment for both men and women according to their respective needs. Teacher needs to be encouraged and supported to fulfill their role as social change agents. The Principal instructed the students regarding their approach towards the other gender. The girls were advised to maintain a smooth relationship with the boys.

General rules and regulations along with guidelines were given to the students by the Principal. The students should report to the campus everyday at 8.15 am with proper dress code. Formals were suggested on all days excluding Saturdays with Proper haircut and clean shaved. The girl students were advised to follow the dress code with pinned thupatta and leggings are restricted inside the campus.





NAZARETH COLLEGE OF ARTS AND SCIENCE

*Affiliated to University of Madras
Accredited by NAAC with 'B' grade
Kovilpathagai, Avadi, Chennai-62*

2018 - 2019

7.1.1 – Gender Equity (Number of gender equity promotion programmes organized by the institution during the year)

GENDER EQUITY PROGRAMME HARASSMENT AND UNLAWFUL DISCRIMINATION

The Gender Equity Programme on Harassment and Unlawful Discrimination was organized on 2nd July 2018 with the aim of fostering a culture of respect, inclusivity, and equality in our institution. Recognizing the importance of addressing issues related to harassment and discrimination, the programme sought to raise awareness, provide education, and establish mechanisms for prevention and redressal.

Objectives:

1. Raise Awareness among Girls Students: The primary objective of the programme was to raise awareness about various forms of harassment and unlawful discrimination based on gender, including sexual harassment, gender-based violence, and discriminatory practices.
2. Educate and Empower Students: The programme aimed to educate individuals about their rights and responsibilities in preventing and addressing gender-based discrimination and harassment. Empowering participants with knowledge and skills was essential for creating a supportive and inclusive environment.
3. Establish Support Systems: Another key objective was to establish support systems and mechanisms for reporting and addressing incidents of harassment and discrimination. Creating a safe space where individuals feel comfortable coming forward to report misconduct was crucial for promoting accountability and preventing recurrence.

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7.1.1 – Gender Equity

Workshop on Self Confidence

WOMEN'S CELL (WC)

Nirbhaya Women's Cell of Nazareth College of Arts and Science conducted Self-Defence Awareness programme on 27th August 2018. Sensei.G. Hariharan (Secretary-Tamilnadu State, 4th DAN in KAD) was invited as the chief guest. He gave lecture on the importance of self-defence in all situations. He demonstrated some important blows and blocks while defending oneself.

The Women's Cell jointly organized a Workshop on Self Confidence with Rexona Confidence Academy for Female students at the College premises on 3rd September 2018. The Team educated students on confident instilling measures by showing video clippings and making a speech that motivates students to develop self-confidence in them.

Topics Covered

1. Understanding Self-Confidence:

- Explore the impact of self-confidence on personal and professional success.
- Identify sources of low self-confidence.

2. Building Inner Strength:

- Techniques to silence the inner critic.
- Managing self-doubt effectively.

3. Effective Communication:

- Improve communication with oneself and others.
- Challenge comfort zones.

4. Authentic Living:

- Break free from external expectations.
- Discover true desires, values, and strengths.

Benefits

- Increased effectiveness in various areas of life.
- Greater comfort in social interactions.
- Freedom to live authentically.

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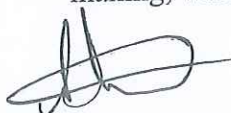
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THARKAPU

The Tharkapu for Girls seminar was organized by the Department of Social Work conducted on 18/12/2018 with the aim of empowering adolescent girls through education and awareness. Tharkapu, which translates to 'strength' in the local language, symbolizes the resilience and potential of young girls to overcome challenges and thrive in their communities. This report provides an overview of the seminar proceedings and its impact on participants.

Objectives:

1. **Empowering Girls:** The primary objective of the seminar was to empower adolescent girls with knowledge, skills, and resources to navigate the challenges they face and realize their full potential.
2. **Promoting Gender Equality:** By addressing issues such as gender-based violence, discrimination, and stereotypes, the seminar aimed to promote gender equality and create a supportive environment for girls to thrive.
3. **Enhancing Life Skills:** Through interactive sessions and workshops, participants were equipped with essential life skills such as communication, assertiveness, and decision-making, which are crucial for their personal and social development.


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GUEST LECTURE ON “WOMEN STUDIES”

A Guest Lecture on “Women Studies” was conducted on 21th January 2019. Dr. Annapoorani, The Head, Department of English, Asan Memorial College was the Guest Speaker of the day. She explained the role of gender identity in women perception and conception of life and world, in her address.

- 1. Gender Identity and Perception:** Dr. Annapoorani commenced her lecture by exploring the concept of gender identity and its profound impact on how women perceive themselves and their surroundings. She elucidated how societal norms and expectations often dictate gender roles and influence women's understanding of their place in the world.
- 2. Intersectionality and Diversity:** Emphasizing the importance of intersectionality, Dr. Annapoorani highlighted how factors such as race, class, sexuality, and ability intersect with gender to shape women's experiences. She underscored the need to recognize and address the diverse challenges faced by women belonging to different social, cultural, and economic backgrounds.
- 3. Women's Agency and Empowerment:** Dr. Annapoorani elucidated the notion of women's agency and empowerment, emphasizing the importance of enabling women to assert control over their lives and make autonomous choices. She discussed various strategies and initiatives aimed at promoting gender equality and fostering women's leadership and participation in all spheres of society.
- 4. Challenges and Opportunities:** Addressing contemporary challenges faced by women, Dr. Annapoorani explored issues such as gender-based violence, discrimination, and systemic barriers to women's advancement. However, she also highlighted the opportunities for progress and change through collective action, advocacy, and education.

CO-ORDINATOR

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WOMEN'S DAY CELEBRATION

Women's Day was celebrated on 8th March 2019 in our college. Dr. Kamaraj and Mr. Mahadevan were the Convenors of the programme. Various programmes and games such as Passing the ball, Ramp Walk, and Lucky draw were conducted for the staff members. The Principal Dr. Mary Angeline spoke on the role of Women in protecting the values of our age-old institutions while addressing the gathering.

Dr. Mary Angeline, the esteemed Principal of our college, delivered a thought-provoking address on the theme of the day. She eloquently spoke about the pivotal role of women in safeguarding the values and traditions of our esteemed institutions and she underscored the importance of recognizing and appreciating the contributions of women in shaping the ethos and character of our college community. Empowerment and Recognition of the Women's Day celebration provided an opportunity to honor and celebrate the achievements of women in various spheres of life. Staff members were encouraged to share their stories of triumph and resilience, inspiring others with their journey of empowerment and success. The celebration also featured interactive sessions and discussions on pertinent issues related to gender equality, women's rights, and empowerment.

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