



REPORT ON GENDER EQUITY ORIENTATION PROGRAMME 2019 -2020 (SHIFT- I)

The college reopened for the first years on 17th June 2019. The day for the 1st year began with a general assembly in the college premises. The college choir presented the prayer song which was followed by Bible reading and God's word was shared by the Principal.

Aim of this orientation programme was to create awareness for the fresher's about the culture of the institution which they have to follow. The Principal gave orientation about Gender equity which is the quality between male and female. It is fairness of treatment for both men and women according to their respective needs. Teacher needs to be encouraged and supported to fulfill their role as social change agents. The Principal instructed the students regarding their approach towards the other gender. The girls were advised to maintain a smooth relationship with the boys.

General rules and regulations along with guidelines were given to the students by the Principal. The students should report to the campus everyday at 8.15am with proper dress code. Formals were suggested on all days excluding Saturdays with Proper haircut and clean shaved. The girl students were advised to follow the dress code with pinned dhupatta and leggings are restricted inside the campus.





NAZARETH COLLEGE OF ARTS AND SCIENCE

Affiliated to University of Madras
Accredited by NAAC with 'B' grade
Kovilpathagai, Avadi, Chennai-62

7.1.1 – Gender Equity (Number of gender equity promotion programmes organized by the institution during the year)

MENSTRUAL HYGIENE AWARENESS PROGRAMME

Awareness on Menstrual Hygiene organized by Department of Social Work conducted a Awareness Programme on Menstrual Hygiene to the Nazareth School girls from standard 6 to standard 10. A documentary on the same was played for the participants and gave a lecture on basic Hygiene to be followed during menstruation period.

1. **Documentary Screening:** The event commenced with the screening of an insightful documentary highlighting the significance of menstrual hygiene. The documentary provided valuable information on the menstrual cycle, hygiene practices, and debunked common myths and misconceptions surrounding menstruation. It effectively engaged the participants and set the tone for the subsequent discussions.
2. **Lecture on Basic Hygiene:** Following the documentary, a comprehensive lecture was delivered by experts from the Department of Social Work. The lecture covered various aspects of menstrual hygiene, including the importance of using sanitary products, maintaining cleanliness, and managing discomfort effectively. Practical tips and techniques were shared to ensure that the girls could implement hygienic practices in their daily lives with ease.
3. **Interactive Session:** An interactive session was conducted to encourage active participation and address any queries or concerns raised by the girls. This session provided a platform for open dialogue, enabling the girls to express themselves freely and seek clarification on any topics related to menstrual health and hygiene.
4. **Distribution of Educational Materials:** As part of the programme, educational materials such as pamphlets, brochures, and informative posters were distributed among the participants. These materials served as valuable resources for the girls to reinforce their understanding of menstrual hygiene and share essential information with their peers and family members.

CO-ORDINATOR



PRINCIPAL

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