

**NAZARETH**COLLEGE OF ARTS & SCIENCE
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***"A book is a dream that you hold
 in your hand."***

Neil Gaiman

From the Editor's Desk...



"What in me is dark
 Illumine", writes

John Milton, one of the most important names in English Literature. Like Milton, the world seeks illumination from the eternal voice that claims to be the world's true light. Yet, in John 1:1, we read that word is the medium through which the divine light radiates amid human darkness. Therefore, neither words nor the habit of reading should be taken for granted, as words store in them the knowledge that could even be from the divine. This newsletter is

the combined effort of the faculties and students of the Department of English, Nazareth College of Arts and Science, to promote morals and virtues by sharing knowledge through the divine endowment of creative writing. I want to express my profound appreciation to the Head of the Department, Ms. Bhavani Sindhuja. S. R, and my cherished coworkers for their endeavours to make this newsletter a reality. I sincerely hope the readers find the newsletter interesting, relevant, and intellectually stimulating.

**Mr. E. Anderson Vijaya Singh,
 Asst Prof, Dept of English.**

Treatise

The Unceasing Wind Theo's 302

We trill in a world of increasing rushing winds,
 People shrill to their mortal wrestling rusting minds.
 We are kilt creeping for the right tilt season.
 Are we filt trapping moorse of hilt reason?

We astray beyond the crip of hatching heed,
 We are still trips out of our hitching needs.
 We present ourselves to be launching in a shuttle sonar,
 That's the crescent to be marching in our hustle venor.



The day crescendos in the crumbs of our stubbornness,
We untune the divine of loving ourselves with kindness.
There is a wind coming above with a greening sound,
Thus in humility awakening the deepest ground.

REDEMPTION'S LASHES: A SACRIFICIAL LOVE

Upon his back, the stripes so deep,
Thirty-nine lashes, my sins to keep.
His flesh torn apart, his blood poured out,
For my transgressions, without a doubt.

How can I fathom the weight he bore?
The recompense of my sins, and more?
In every lash, a resounding plea,
That his sacrifice would set me free.

Oh, the anguish he willingly embraced,
To offer me mercy, by his love graced.
I'm humbled by the price he paid within,
The weight of my sins, the depth of my sin.

No words can express the depth of his love,
The redemption found in the wounds he took off.
In reverent awe, my heart finds its place,
Knowing his sacrifice, his saving grace.

What I try to get so badly.
What I crave so badly,
But my efforts don't get
acknowledged
Someone is always better,
Better than me.
Hoping one day,
One day
I'll be the smartest, most well
known student out there.

[illegible]

Ms. Reshma K, III BA Eng

LOVE ECLIPSE

Mr. S Sam Abraham, I BA Eng

"Read a thousand books and your words will flow like a river."

Virginia Woolf

NATURE & FRIEND

Nature and My friend are identical to me,
that is the name of Remo to be.
I look the climate of the nature,
alike the behaviour of his character.

The rain of the clouds looks like
the sorrow of his sick,
And the shine of the sun resemble
the blissfulness of his soul.

He is unique scolds me
to understand my misinterpretation,
And he is dude makes me
to giggle and win situation.

Ms. Swetha B, II BA Eng

LOST ONE

It is an irreplaceable loss
It is an unexplained pain,
For the loss of loved one.
We never knew how hard it was to be,
To loose someone we love
Is like the loss of a part of us,
Nothing in life can prepare us.
When they left us, it broke apart
Sometimes it is very difficult
to bear the pain of loss of a dear one.

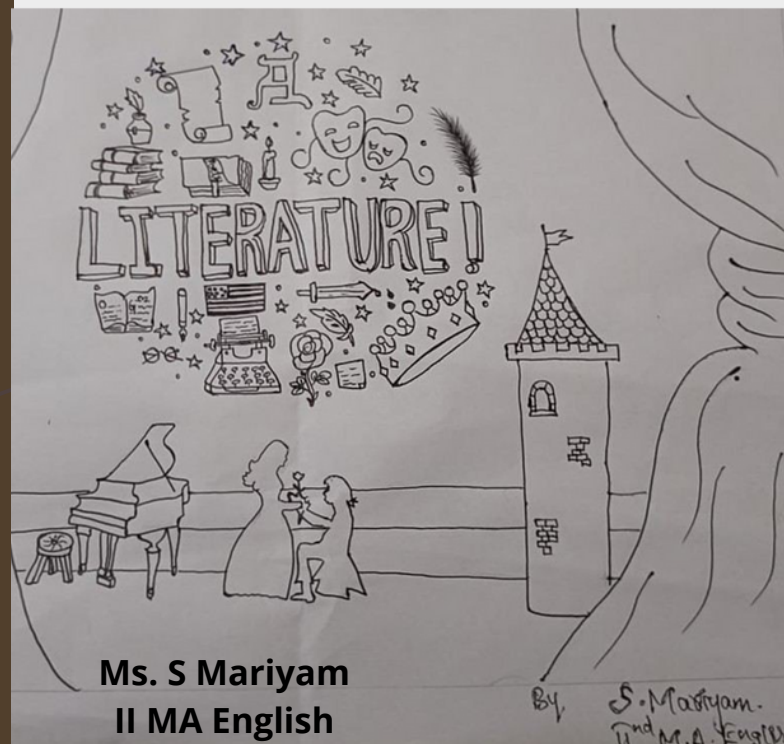
Ms. Diya K, II BA English

FROM ASHES TO AUTHORITY

The Biblical Joseph is my inspiration.
He made me to follow my aspiration.
He was a young boy, just like me
But had a great mission, a Governor to be.
He was sold by his jealous brothers,
To serve as a slave in a land which was farther .
But God was with him through it all
And moulded Joseph to raise him above all .
Joseph was the incharge of Potiphar's house .
But was accused because of his master's spouse .
Even in prison, God didn't leave him .
The favour of the guard sustained him.
The man of Dreams did not lose Hope
But trusted the Almighty who helped him to cope

Years rolled, He stood next to the King.
And his worn out fingers adorned with a ring.
The Governor asked to save in the rain
To help the people during famine.
He was reunited with his old father
And hugged the necks of his beloved brothers.
Yes, He forgave them and said,
Not to be afraid, since everything was alright.
From a Slave, he became a Saviour.
So will I, one day, with God by my near.

Ms. R Jebha Evangelin
II BA English



Ms. S Mariyam
II MA English

**Words weave through the air,
Stories shared in soft
whispers,
Language shapes our
thoughts.**

Touch

A whisper in the wind's embrace,
The brush of sunlight on my face,
A feather's kiss upon the skin,
Where warmth and tenderness begin.

The fingertips that trace a line,
Soft as the memory of time,
A quiet language, deep and true,
In every breath, it speaks of you.

The echo of a heartbeat's sound,
A pulse that anchors, safe and bound,
In every silent, fleeting clasp,
The world, in moments, we can grasp.

For in a touch, the soul is seen,
Between what's said, and in between,
A bridge across what words can't say,
A touch that never fades away.

Ms. Anne Angel, III BA English

SUNSHINE

Warm rays upon my face
Golden sunshine takes its place
Brightening each passing day
Chasing all the blues away

With gentle touch and radiant beam
Sunshine brings life to every dream
Hope and joy in every ray
Sunshine brightens up the day

**Ms. Gayathri M
Assistant Professor**

INTROVERT INSIGHTS

You are a nerd.

You are a bookworm.

How do you spend your time?

What do you do at home?

What is your hobby?

Why are you always reading? Don't you talk?

Don't you get bored ?

I am not like you...

Don't you go out ?

How are you still alive yet?

I can't imagine myself being like you ...

What do you want to become? Tell me your schedule ...

Come, let's talk ,let's have some fun.

Oh...! Just shut up...Let me be free .

Don't I have the freedom to do what I like ?

Why do people always want to peep into my business ?

Just leave me alone.

Oh god ! How I yearn for solitude.

**Ms. R. Jebha Evangelin
II BA English**

Melody of Rain

*Gentle drops descend,
Whispering secrets to the earth,
A symphony of peace,
Nature's tender rebirth.*

*Silver threads of sky,
Kissing leaves with soft embrace,
Puddles form like dreams,
In the rain's sweet, fleeting grace.*

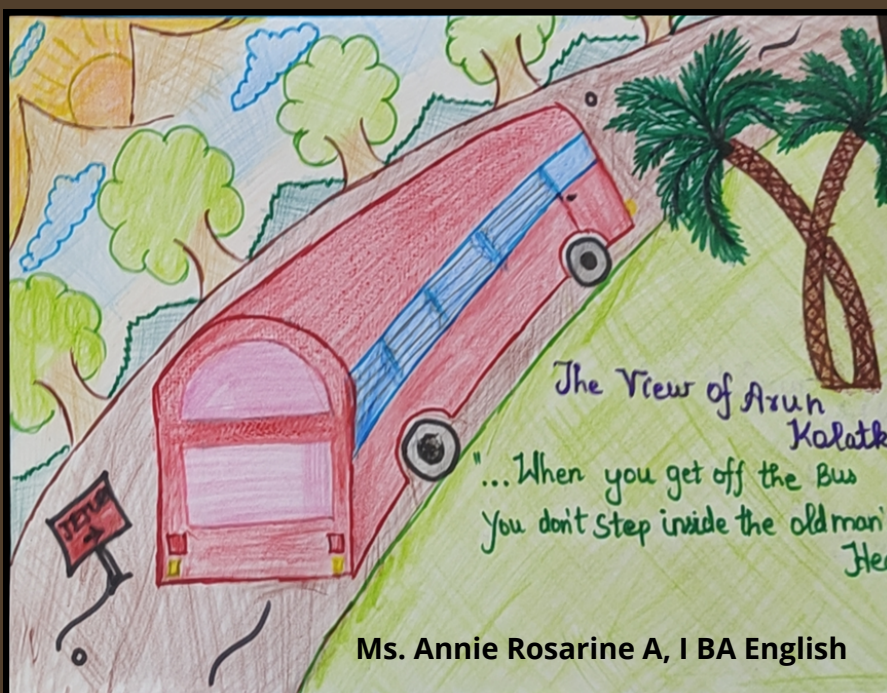
**Ms. S R Bhavani Sindhuja
Assistant Professor**

HEALTH IS TASTIER THAN WEALTH

"In order to find wealth, often we skip what is real wealth, it's undoubtedly health" Why health is so important? Healthy lifestyle includes physical activity, a healthy diet, stress relief and an adequate sleep. If your daily routine is already healthy then make sure to maintain it but if not then give extra attention to it. How to keep it simple? Foremost thing, limit unhealthy and fast food. Intake of multi-vitamin supplements. Even easiest way is to drink more water and stay hydrated. Have physical activity session for 30 minutes with exercise like Yoga and meditation. Get enough sleep, intake of fresh fruits, vegetables, meat and whole grains which contains vitamins, proteins and fibre. Healthy food leads to improve physical and mental health and makes you feel energetic throughout the day. Healthy lifestyle can avoid a number of diseases and health issues also, leads to lengthened lifespan and improves memory power. Regular intake of unhealthy food habit with zero exercise leads to risk of having different health problems like metabolic diseases being overweight, joint and skeleton problem, cardio vascular, hyper tension, obesity. Compromising sleep may lead to affect mental health, lack of productivity and creativity in a person.

Health Minister Dr. Mansukh Mandaviya held various bilateral meetings with European Union, Germany and Saudi Arabia. The bilateral meeting focused on exploring areas of collaboration on fortifying healthcare system and enhancing capacities for disease surveillance and capacity building amongst other domains with particular focus on Ayurveda, Telemedicine, clinical trials and research in India for EU-based pharmaceutical companies, medical value travel and potential joint collaboration ventures in medical education and research. Crazy trend goes viral on social media, 75 hard challenges popular to improve person's daily routine with their healthy lifestyle. This challenge has 6 rules. 1) If you skip a day, you must start over from day one. 2) Pick a diet to follow with no alcohol or cheat meals like fried items or fast food. 3) Drink a gallon of water a day. 4) Read 10 pages of educational non-fiction (Business related Book). Finally, we all are aware that our health is the most important wealth that we have. We know that we can earn money if once we lose it, but we cannot get back our good health easily if we lose it due to carelessness.

Ms. Marriyam, II MA English



Ms. Annie Rosarine A, I BA English

FRIENDSHIP

Friendship is a gentle thread,
That binds our hearts in words unsaid.
Through joy and tears, it softly weaves,
A bond that time nor distance leaves.

In moments shared, both big and small,
It's there to catch us when we fall.
With trust and laughter, love and care,
A friendship true is always rare.

**Ms. Sugaveni
I BA English**

A Rainy Day

The skies are dark,
The cold wind touches on my face,
When I look at the sky,
The clouds are moving together.

The light flashes on my face,
A drop of water fall on my hands,
And the fragrance of the mud,
And it started raining

Ms. Riya Rachel Aniyan, I BA Eng

A Warm Welcome

Step through the door, feel the light,
In this space, all's calm and bright.
With open hearts and arms so wide,
We welcome you, come step inside.

New faces here, yet friends we'll be,
In every laugh, in harmony.
So make yourself at home, feel free,
This place was made for you to see.

For in this moment, near or far,
You're welcome here just as you are.

Ms. Preethi A, II MA Eng.

I To Be Followed

I seek the truth in all I see,
I honor kindness, setting it free.
I cherish love in every form,
I rise with courage through each storm.
I live with purpose, bold and bright.

Ms. Rogini. P
Assistant Professor

The Word That Went Wrong

Sonia was excited for her class presentation. She had spent hours practicing, and her slides were perfect. Today, she would talk about the "archipelago" of islands she had studied for weeks. As she stood in front of the class, she began confidently. "Today, I will be talking about a fascinating group of islands, called an archi-pell-a-go..." A ripple of giggles spread through the room. Sonia paused. Her eyes darted to Mrs. Patel, her teacher, who was smiling kindly. "Sonia, it's pronounced ar-kuh-pel-uh-go," she said gently. Sonia felt her cheeks burn. She had been saying it wrong all this time! Embarrassed, she corrected herself, "Oh, ar-kuh-pel-uh-go."

The class chuckled again, but this time, it was friendly laughter, not mocking. Sonia smiled too, feeling the tension ease. After her presentation, her best friend, Maya, came up and patted her on the back. "Don't worry! I've been saying chaos as chows for years. We all mess up sometimes."

From that day on, Sonia wasn't afraid of making mistakes. She realized that learning meant stumbling sometimes, and as long as you laughed along the way, it wasn't so bad.

Ms. JayaShree, II BA English

The Hands That Guide

Through every storm, and each sunrise,
They stand beside with watchful eyes.
Their hands have held, their hearts have known,
The seeds of love they gently've sown.

In whispered words or gentle touch,
They show us strength that means so much.
Through every tear, through every fall,
They lift us up and love us all.

Though time may change the paths we roam,
Their love remains our constant home.
For parents' hearts, though weathered and wide,
Are where we always can confide.

Mr. Rajesh D
Assistant Professor

TONGUE TWISTERS

- I wish to wish the wish you wish to wish, but if you wish the wish the witch wishes, I won't wish the wish you wish to wish
- Lesser leather never weathered wetter weather better.
- No need to light a night-light on a light night like tonight.
- Grace gracefully greeted the grateful guests.
- If two witches were watching two watches, which witch would watch which watch?
- She sells seashells by the seashore, and the shells she sells are seashells, I'm sure.
- Give papa a cup of proper coffee in a copper coffee cup.

Ms. Chandini J
I MA English

The Web We Weave

A world of threads, both vast and wide,
Where knowledge flows and thoughts collide.
From every corner, near and far,
We meet beneath a digital star.

Ideas shared in endless streams,
Connecting minds, fulfilling dreams.
But in this web, so full and bright,
Lurk shadows hiding from the light.

A place to learn, to laugh, to grow,
Yet also where the harsh winds blow.
So tread with care, but don't forget,
The internet's what we project.

For in its space, we find our voice,
And how we use it, is our choice.

Mr. Arun Theoder Raj
Assistant Professor

KNOW YOUR ENGLISH

- Two Different Persons or Things:

Rule: When two different nouns refer to separate entities, the article (e.g., "the") is repeated before each noun, and the verb should be in the plural form.

Example: "John and I were in school together."
(not "was")

Example: "The manager and the owner of the shop were away." (not "was")

- Two Nouns Referring to the Same Person or Thing:

Rule: When two nouns refer to the same person or thing, the article (e.g., "the") is used only once, before the first noun, and the verb should be in the singular form.

Example: "My friend and neighbor is very clever."
(not "are")

Example: "The old lady and mother of the child was very sad." (not "were")

- Two Nouns Expressing One Idea:

Rule: When two nouns joined by "and" express a single idea, the first noun is usually in the singular form, and the verb should also be in the singular.

Example: "Milk and fruit is part of a healthy diet."
(not "are")

Different Persons/Things: Repeat the article and use a plural verb.

Example: "The teacher and the principal are meeting."

Same Person/Thing: Use the article once and use a singular verb.

Example: "The president and CEO is attending."

One Idea/Concept: Use a singular noun and a singular verb.

Example: "Bread and butter is my favorite breakfast."

These rules will help you form grammatically correct sentences when dealing with compound subjects or concepts joined by "and."

Ms. Subathra S, I MA English

HE SILENT WAY: A METHOD OF LANGUAGE TEACHING

"Tell me and I forget
Teach me and I remember
Involve me and I learn"

A quote by Benjamin Franklin on the problem-solving approach to teaching. "The silent way is based in the premise that the teacher should be silent as much as possible in the classroom and the learner should be encouraged to produce as much language as possible" (Jack C. Richards & Theodore S. Rodgers). A new method called 'The Silent Way' was developed in 1970s to highlight the cognitive domain in language learning. This innovative method was devised by Caleb Gattegno, a European educator. The Silent Way represents Gattegno's venture into the field of foreign language which starts with pronunciation practice and which continues with practice of simple sentence patterns, structure and vocabulary. This method is characterized by its focus on discovery, creativity, increase in intelligent potency, long term memory and problem solving. It helps the students to speak with good accent and perform adequately in spelling, grammar, reading comprehension and writing. It mainly deals with the function of encouraging and shaping student oral response without direct oral instruction or unnecessary modelling by the teacher. The indirect role of the teacher highlights the importance and the centrality of the learner who is responsible in figuring out and testing the hypotheses about how language works. The teacher uses techniques like word chart, Fidel charts, Cuisenaire rods, a pointer, sound colour chart etc. to make students feel comfortable, independent and to increase confidence in their study. The students become 'Experimental Learners'. According to Richards and Rodgers, the three major features are:

1. Learning is facilitated if the learner discovers or creates.
2. Learning is facilitated by accompanying physical objects.
3. Learning is facilitated by problem solving involving the material to be learned.

Ms. LAVANYA K
Assistant Professor

"We read to know we
are not alone."
C.S. Lewis

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